



St Lawrence Weekly

22 January 2021 Volume 19, Issue 17

Headteacher's Spotlight

Hopefully, everyone is now getting into a routine for remote learning. We will be chasing parents up when work is not being completed as it essential that all pupils at home, like those at school, are continuing to learn/develop skills and exercise daily too. Remember to get in touch if you need help with anything at all.

As from next week, staff at school will have coronavirus home testing kits to use twice a week - this is another measure intended to ensure that no-one in school has COVID-19. It is so important that no - one (child or adult) comes to school if they or any member of their family bubble has coronavirus symptoms. When symptoms are evident, a PCR test must be booked rather than a lateral flow test taken.

After a piece of animal bone was discovered on the school field, Cedar bubble have started digging a hole as part of an archaeological excavation. The other Y5/6s will soon get involved and those at home will be getting guidance from Mr Reynolds on how to carry out a mini-dig in the garden.



Lots of paint pallets have been distributed and it is going to be lovely to see works of art popping up on Seesaw. Once everyone has had a go using Rory's YouTube tutorials, there'll be a competition to paint another animal (not decided on yet).

Rector Steve's assemblies will be on Seesaw for everyone to watch on Tuesdays and mine will be there on Fridays. I'm looking forward to mentioning children who have impressed us by being responsible; encouraging others; showing respect and trying their best. Being a good neighbour shows elements of all parts of the St Lawrence Way!

The booking system for phone calls home will go live again this weekend for the next two weeks, on Parent-mail (Parents' Evening link). If you would like to nominate a day and time to receive a call from a member of staff please do so use this booking facility. Please remember that the time you choose may be subject to change by up to 20 minutes either side. Please also add your preferred telephone number into the 'notes' section if you would rather be called on a different number to the one we hold for you. If you do not make a booking, staff will still be contacting you. If you have trouble logging onto the app, please telephone the school office and the ladies will be able to book a slot for you.

The KS2 Chromebook scheme is now open, please do order if you would like your child to receive one. If you have any issues with the site and ordering, please let the office know.

I think there is more snow forecast for Sunday - have fun and take care.

Alan Brannen
Headteacher

head@st-lawrenceprimary.co.uk

Rotary Club of Church Stretton
in association with
Nick Jones Wealth Planning

Young Heroes Awards 2021

Do you know a
young person aged between
6 and 18, living in South Shropshire, who has made a significant
contribution to their community, individual or family member
through a single act of selflessness, bravery or sustained effort, over
the last 18 months?

The Rotary Club of Church Stretton would like to hear from you!
To nominate your candidate fill in the online form at
www.rotaryclubofchurchstretton.co.uk

Winners will receive a financial reward

Rotary Club of Church Stretton | Nick Jones Wealth Planning
01743 240988

Closing Date for nominations 28th February 2021

For more information contact Rtn, Peter Burt
on 07789952000 or youngheroes.rccs@gmail.com

Rotary Club of Church Stretton - Registered Charity No. 1028512

Pastoral Newsletter from Mrs Robinson and Mrs Forster

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Here is a super mindfulness resource! Look out for the calendar and explanatory notes which are attached with today's newsletter.

How are you all at the end of another week of home learning? I expect that you are feeling a wide range of emotions every day. Noticing and acknowledging how you are feeling each day is one important thing you can do to maintain good mental health and wellbeing. You could keep a diary, fill in a chart, or colour a feelings rainbow! If you would like some resources to help you to do this, please email Mrs Forster.

We hope you find the information in this newsletter useful. Have a lovely weekend! Best wishes from

Mrs Robinson and Mrs Forster xx

| MINDFULNESS CALENDAR | | | | |
|----------------------|---------------------------|----------------------|---------------------|-----------------------------|
| MON | TUES | WED | THURS | FRI |
| CRAWLING BREATHS | ATTITUDE OF GRATITUDE | USING THE SENSES | COBRA BREATHING | SATURDAY FACE BREATHING |
| MON | TUES | WED | THURS | FRI |
| FEELING BREATHS | FINGER COUNTING | SCUMPY KARDO | RISE AND FALL | RELAXING PRACTICE |



Here are the links to some really helpful and useful articles. Hover over the blue writing for how to open the link.

Help and advice for families in a digital world – Parent Info is a collaboration between Parent Zone and NCA-CEOP, providing support and guidance for parents from leading experts and organisations.

[Parent Info | From NCA-CEOP and The Parent Zone](#)

[Surviving family life under lockdown | Parent Info](#)

[Where can your child get mental health support online during lockdown? | Parent Info](#)

[The hidden benefits of playing video games in lockdown | Parent Info](#)

[How to celebrate special occasions during lockdown | Parent Info](#)

[Screen time: should I be worried? | Parent Info](#)

Barnardo's support for parents

Barnardo's have developed a support hub for parents where they will be able to find a range of resources, tools and videos to help support their child's journey back to school. Schools may wish to send this link out in their communication with their parents and carers -

<https://www.barnardos.org.uk/support-hub/back-to-school>

The Strettons Food Bank

**FOOD BANK IS OPEN EVERY FRIDAY
FROM 2.30pm TO 4pm**

**AT ST LAURENCE'S PARISH CENTRE,
CHURCH STREET, CHURCH STRETTON, SY6
6DQ**

**BUT IF YOU NEED FOOD URGENTLY PLEASE
USE CONTACT DETAILS BELOW**

**If you have any queries please
phone or text 07561-693870
or contact Mayfair Community
centre – 01694 722077**

Stay Safe Be Kind